

What do you think about when you see crosses?

- Tell the story of the resurrection. Remember we are in the 50 days of Easter! Then discuss symbols of hope.

Where do you see hope in the world now? In your community? In your home with each other?

- Share times when something good came out of a hopeless situation. What did God do?



3. Create and Decorate a Box to Gather Food for St. David's Alleluia Ministry

*"For I was hungry and you gave me something to eat,
I was thirsty and you gave me something to drink, "I was a stranger and you invited me in,
I needed clothes and you clothed me, I was sick and you looked after me,
I was in prison and you came to visit me." Matthew 25: 31-40*

Caring for those in need.

Gather supplies to decorate a box or container to collect nonperishable food. As a family or have your children decorate this after you talk about the questions below:

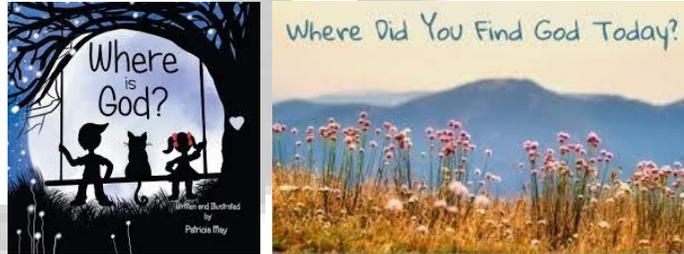
- Talk as a family about the needs in your neighborhood, community and the world for people who do not have enough to eat during this time of pandemic?
- Create a list and put flyers in your neighbor's mail box asking for donations to be placed in the box you leave outside. Make sure you wear your masks! You can also call your neighbor on the phone to tell them what you are doing. Deliver the food to St. David's on Monday's from 4:30pm – 6:30pm. Please email mcarey@sdlife.org if you are making a donation.



4. Where is God?

"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you; I will uphold you with my righteous right hand." Isaiah 41:10

Ask you read to your children this week as them to think about where God is in the story. This is a wonderful way to remind everyone that God is in all things.



5. Read Psalm 139

"For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made." Psalm 139:13-14

Psalm 139 reminds us that each of us is wonderfully made. Tell the story how excited you were as parents learn you were having your children. Talk about the different things you, your family and your friends are good at. Talk about the gifts that God has (uniquely and wonderfully made them) blessed them with

- Can you and your friends stand on their head?
- Play music?
- Tell a joke?
- Paint a picture?
- Do they have a great smile?
- Say "thank you" to God for your friends who are all wonderfully made.
- Make friendship bracelets. Mail them to your friend with a note sharing this Psalm 139.



6. Sunday Children's Chat

"Jesus said, 'Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.'" Matthew 19:14

Join us Sunday Morning for Children's Chat. Children's Chat is an opportunity to children to gather and hear about God's love and stories and interact with one another. This follows the virtual service and the link can be found on the website at www.sdlife.org.



children's
CHAT

7. Sabbath Rest

"Remember the Sabbath day, to keep it holy." Exodus 20:8
"Then He said to them, 'The Sabbath was made for humankind, and not humankind for the Sabbath.'" Mark2:27

What will you do today as you honor the Sabbath?

How will you rest?

How will you honor God?

Getting Started: There is no one formula for re-introducing Sabbath-keeping into your life. Just take time and return to the "simple life" once a week or twice a month, or build your Sabbath observation into set-aside moments in all your days.

- Set aside time. Create new traditions of rest during this pandemic. Offer time alone to your spouse/partner then switch so everyone feels refreshed. If the children are old enough talk with them about Sabbath time. Have them create their own Sabbath plan of rest and time with God. What will that look like?
- Turn off all your devices. Let silence embrace you. This may just be for a limited time to start.
- Remember the spirit of Sabbath-keeping does not have to be limited to Sundays. Do what works for you and your family.



